

VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – June 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Carrot/Pineapple Salad Pork Carne Adovada Spinach Refried Beans/Tortilla Peach Cobbler Fruit/Milk	Cucumber Salad Chicken Strips Carrots Rice/Gravy Fruit/Milk	Zucchini Salad Spaghetti Marinara Sauce Italian Vegetables Garlic Bread Fruit/Milk
6	7	8	9	10
Cole Slaw Sloppy Joe Onion/Jalapeno Tators Fruit/Milk	Zucchini Salad Beef Tacos Salsa/Tomatoes/Lettuce Spinach/Beans Fruit/Milk	Carrot Salad Roast Pork Broccoli Mashed Potato/Roll Fruit/Milk	Green Bean Salad Chicken Breast Peas and Carrots Rice/Crackers Fruit/Milk	Cole Slaw Chili Cheese Dog Onions/Peppers Ranch Beans Fruit/Milk
13	14	15	16	17
Bean/Onion Salad Beef Tips/Mushroom Sauce Carrots/Rice Bread Fruit/Milk	Cucumber Salad Baked Ham Green Beans Sweet Potatoes/Roll Fruit/Milk	Tossed Salad Hot Turkey Sandwich Mixed Vegetables Mashed Potatoes/Gravy Roll Fruit/Milk	Green Bean Salad Penne Pasta/Beef Sauce Italian Vegetables Garlic Bread Fruit/Milk	Cole Slaw Fish Sandwich Broccoli Potato Chips Fruit/Milk
20	21	22	23	24
Tamale W/Red Chile Lettuce & Tomato Spinach Spanish Rice Fruit/Milk	Tossed Salad Meatloaf Cauliflower Scalloped Potato Roll Fruit/Milk	Cole Slaw Chicken/Gravy Vegetables Rice/ Crackers Fruit/Milk	Beet & Onion Salad Salisbury Steak Mixed Vegetables Mashed Potatoes/Gravy Bread Fruit/Milk	Carrot Sticks Tuna Sandwich Lettuce/Tomato Pasta Salad Fruit/Milk
27	28	29	30	
Green Chile Chicken Enchiladas Lettuce/Tomato Squash/Beans Fruit/Milk	Cole Slaw Green Chile Cheeseburger Lettuce/Tomato/Onion Potato Chips Watermelon/Milk <i>HAPPY 4th Celebration</i>	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Tomato and Onion Salad Pork Carnitas in Red Chile Squash/Beans Fruit/Milk	